

Southern Minnesota Volleyball

2010-2011 Informational Meeting
Sunday November 7, 2010
3:00 PM

Rochester Youth Volleyball Association (RYVA)

- RYVA is a 501(c)3 tax exempt, non-profit organization.
- Throughout the year, RYVA organizes several youth volleyball programs
- Southern Minnesota Volleyball (SMV) is the club name for the junior volleyball teams formed through Rochester Youth Volleyball Association.
- For more information on RYVA programs, visit the RYVA web site at www.rochesteryouthvolleyball.org

2010-2011 Southern Minnesota Volleyball Season

- 2010-2011 Season begins with tryouts on Sunday November 14, 2010
- Practices begin in December
- Competition begins in January 2011

Southern Minnesota Volleyball Levels of Competition

- For 2010-2011, SMV will offer two levels of competition. A third level of competition “Club Level” may be offered if coaches and court space is available.
- Gold Level
 - December - May
- Elite Level
 - December – June/July

Southern Minnesota Volleyball Gold Level

- The focus is on skill development.
- 23 week season with 46 practices
- Teams will practice 2x/week for 2 hours.
 - For an additional charge, optional conditioning is available
- 12-14 competitions including 2-3 multi-day tournaments and 2-3 out of town events.
- Each team will have a head coach and assistant coach.
- The gold season ends May 15th.

Southern Minnesota Volleyball Gold Level

- The fee for a gold level team is \$1200.00 (12s fee is \$950.00)
 - The fee includes:
 - Court rental
 - Registration fees
 - Uniforms and practice gear
 - Event entry fees
 - Over night travel expenses
- Gold teams will participate in Frostbite Festival*, Presidents' Day Festival, Odd Cup**, Rochester Cup* and Senior Cup***
- Presidents' Day Festival includes Friday & Saturday night team accommodations at the Eden Prairie Courtyard.

* (12s teams do not compete in Frostbite Festival)

** (Rochester Cup 14s, 15s, 16s only).

*** (17s & 18s compete in Senior Cup)

Southern Minnesota Volleyball Elite Level

- Top level coaching, training and competition for the serious volleyball player.
- 27 week season with 58 practices
- Teams will practice 2x/week for 2 hours.
 - Each practice includes an additional 30-40 minutes of conditioning
- 15-17 competitions including 3-4 multi-day tournaments out of town events.
- The elite season ends in late June or early July.

Southern Minnesota Volleyball Elite Level

- The fee for an elite level team is \$3300.00 (13 & 14 Elite Fee is \$3000.00)
 - The fee includes:
 - Court rental
 - Registration fees
 - Uniforms and practice gear
 - Event entry fees
 - Over night travel expenses
 - A \$400.00 credit for helping with the SMV Tournaments
- Elite teams will participate in the Northern Lights Power League, Frostbite Festival, January Thaw, Presidents' Day Festival, SMV Odd Cup, the Northern Lights National Qualifier*, Rochester Cup**, Senior Cup*** and AAU Championships (Orlando FL).
- Fees include travel expense for all overnight events (Airfare, hotels and ground transportation).
- Frostbite Festival, The Odd Cup, The Senior Cup and the SMV Spring Tournament are fundraisers for the Elite teams. Families are expected to help with these events. If you choose not to help with the events, an additional \$400.00 will be added to the player fees.

* (15s-18s Only)

** (Rochester Cup 14s, 15s, 16s only)

*** (17s & 18s participate in the Senior Cup)

Southern Minnesota Volleyball Tryouts

- Tryouts for all SMV teams will be held on Sunday November 14, 2010
- Players must tryout in their age group
- Tryout fee is \$20.00.
 - Receive a \$10.00 discount by pre-registering
- Pre-Register for tryouts at: www.signuptoplay.com
- Bring the completed registration form and \$10.00 cash or check to the tryout.
- Attendance at tryouts is required unless absence has been pre-approved by SMV staff.
- If a player is not selected for an elite team, she can participate in the gold/club tryout for no additional fee.

Southern Minnesota Volleyball Tryouts

● Age Classifications

Birth Date

On or after Sept 1, 1998

On or after Sept 1, 1997

On or after Sept 1, 1996

On or after Sept 1, 1995

On or after Sept 1, 1994

On or after Sept 1, 1993

On or after Sept 1, 1992

Age Division

12's

13's

14's

15's

16's

17's

18's

(Also on or after Sept 1, 1991 if
athlete is still enrolled in high school)

Southern Minnesota Volleyball Tryout Times

● 11:00 AM-1:00 PM

- All 12 and under players

● 12:00 PM – 3:00 PM

- 13, 14, 15, 16 & 17 Elite level players

● 3:00 – 6:00 PM

- All 18s players
- 13, 14, 15, 16 & 17 players not attempting to play at the Elite level.

Southern Minnesota Volleyball Tryout Schedule

● 12 and under Tryout Schedule

■ 11:00 – 11:30 AM

- Tryout registration and uniform sizing
- Physical measurements and skills assessment

■ 11:30 AM – 1:00 PM

- Team selection and player registration
 - Parent or guardian must be present to sign registration forms and pay the deposit

Southern Minnesota Volleyball Tryout Schedule

● 13/14/15/16/17 Elite Level Tryout Schedule

■ 12:00 – 12:30 PM

- Tryout registration and uniform sizing

■ 12:30 AM – 1:30 PM

- Physical measurements and skills assessment

■ 1:30 – 3:00 PM

- Team selection and player registration

- Parent or guardian must be present to sign registration forms and pay the deposit

Southern Minnesota Volleyball Tryout Schedule

- 18 Elite and all 13-18 Gold Level players
 - 3:00 – 3:30 PM
 - Tryout registration and uniform sizing
 - 3:30 – 4:30 PM
 - Physical measurements and skills assessment
 - 4:30 PM – 6:00 PM
 - Team selection and player registration
 - Parent or guardian must be present to sign registration forms and pay the deposit

Southern Minnesota Volleyball Team Selection

- Assuming enough players at the appropriate age and skill level tryout, 10 - 12 teams will be formed at the gold and elite levels. The anticipated number of teams at each age level are:
 - 2-3 teams in the 17s/18s age groups
 - 3-4 teams in the 15s/16s age groups
 - 3-4 teams in the 13s/14s age groups
 - 2-3 teams in the 12s age group

Southern Minnesota Volleyball Team Selection

- The SMV goal is to form the strongest team possible at each age level.
- Players will be placed on teams within their age group.
- There are exceptions to the age policy.
 - If an elite or gold team is not formed at a certain level, players may choose to be considered for an elite or gold team at the next older age group.
 - At the gold level, players that are old for their grade, can play their grade.
 - On rare occasions, a player should play up an age division. This decision is made by the coaches on the teams effected by the move.
 - Sometimes mistakes are made due to an oversight or incorrect information.

Southern Minnesota Volleyball Team Selection

● Special Information for 12 and under players

- The SMV 12U teams will be primarily composed of players from 5th and 6th grades.
- Players at the 4th grade age level or younger will be individually evaluated to ensure that they can withstand the physical and mental demands of competing with older players.
- In the spring of 2011, we will be offering programs designed for K-3rd grade players that will be geared towards the younger players.

Southern Minnesota Volleyball Player Registration

- After a player is selected for a team they will need to complete registration forms and pay a deposit.
 - Registration forms include:
 - NCR player registration form
 - Medical information and release form.
 - Letter of commitment
 - Deposits will be collected based on team placement
 - Gold Teams \$400.00 with remaining balance paid in 3 equal payments due 1/15/11, 2/15/11 and 3/15/11
 - Elite Teams \$500.00 with remaining balance paid in 5 equal payments 1/15/11 through 5/15/11

Southern Minnesota Volleyball Parent Meeting & First Practice

- A parents meeting has been scheduled for
December 1, 2010. 7:00 PM -9:00 PM

(12s -14s 7:00-8:00 PM, 15s-18s 8:00-9:00 PM)

- Meet teammates and coaches
 - Discuss club policies
 - Discuss team policies
 - Answer questions
- Practices will start:
 - 12/2/10