



**Rochester Youth Volleyball
Southern Minnesota Volleyball
National Volleyball Center
2601 Viola Road NE
Rochester, MN 55906**

October 5, 2011

Press Release

-Community Youth Sports Opportunities-

SMV Tryouts – 14th year

Southern Minnesota Volleyball

(a division of Rochester Youth Volleyball Assn, 503c Non-Profit)

For its 14th season, SMV is forming teams for the 2012 season for players age 9 to 18. Teams are formed at three different levels:

Gold-for younger players and players new to team volleyball, all events are local and a shorter season that ends at the end of March;

Maroon-for players with some experience and the desire to improve and play mostly events locally, the season ends in mid May;

Black-for the very top competitive and dedicated volleyball players, play in many events on the road throughout the season, ending with AAU Nationals in Orlando in June.

With three new courts at the National Volleyball Center, SMV hopes to significantly expand the opportunities for grade school age volleyball while maintaining its high level of competitive training for the Black and Maroon programs. Our players represent almost every community in SE Minnesota and a few come from Western Wisconsin and Northern Iowa. **Join SMV for your 2012 club season.**

Tryout Date & Location

Sunday, November 13, 2011

Rochester National Volleyball Center

2601 Viola Road NE

Rochester, MN

Tryout Schedule

Ages 9-12-Grades 4, 5 & 6 only-Gold Teams

10:00am; sign in or register at the door, physical measurements

11:00am; Info session for players and parents

11:15am-12:30pm; skills and ability review and team formation

If there is interest a 12s Maroon team will be formed at this tryout.

Ages 13-18 Black Teams (formerly Elite Teams) USAV ages as of September 1

11:00am; sign in or register at the door, physical measurements

12:00pm; Info session for players and parents
12:15pm-2:15pm; Skills, drills and evaluations
2:15pm-3:00pm; Team formation

Ages 13-18 -Grades 7-12-Maroon Teams (formerly Gold Teams)

2:00pm; sign in or register at the door, physical measurements
3:00pm; Info session for players and parents
3:15pm-5:15pm; Skills, drills and evaluations
5:15pm-6:00pm; Team formation

If there is interest and space is available, a14s Gold team may be formed at this tryout.

Registration, Schedules & Fees

Tryout fee is \$20 if registering at the door, or \$10 if pre-registered at www.signuptoplay.com prior to November 9, 2011.

Players not selected for Black teams will need to attend the following Maroon tryout in order to be considered for a Maroon team.

SMV tries to assign all players 12 and under to teams. The older teams must have a minimum of 9 players, or a maximum of 11, per team. Players may be cut to make team numbers work. Players with very advanced volleyball skills in relation to their age may apply, via written application, to play at an older age level, upon receiving approval from the team coaches and SMV Club Director.

Season schedules and player fees will be posted on the RYVA web site, www.rochesteryouthvolleyball.org in late October.

Teams practice 2 nights per week (Maroon and Black start the week of 12/5/11) (Gold starts the week of 1/2/12). Younger teams generally practice 6:00pm to 7:30pm or 8:00pm depending on skill level. Older teams practice 8:00pm-10:00pm. Most team practices will be T & TH, a few will be on M & W. All teams age13 and older will attend a 30 minute physical training program in addition to their normal practice either before or after practice in the 7:15 to 8:45 time frame.

Players will be required to pay a participation fee deposit on the day of tryouts to be formally signed to a team. \$600 for Black, \$400 for Maroon and \$200 for Gold.

Questions may be sent to info@southernminnesotavolleyball.org or contact:

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